



# Division 3 Change of Watch



**Sunday, December 1, 2013 at Black Bear Diner**

2700 El Centro Road, Sacramento, CA 95833  
(off West El Camino and I-80)

1300 Fellowship Hour  
1400 Dinner & Meeting

### DINNER SELECTIONS

- Bacon Wrapped Stuffed Chicken with creamy bacon, broccoli, and cheese filling, wrapped with bacon and baked , then covered with broccoli hollandaise sauce
- Pecan Crusted Trout- boneless fillet of rainbow trout coated with a delicious herb pecan crust
- 10 oz Tri Tip Platter – sliced tri-tip marinated in delicious marinade
- Pasta Primavera – array of fresh vegetables lightly stir fried with delicious teriyaki sauce
- Chinese Chicken Salad – mixture of lettuce, cabbage, carrots, celery, water chestnuts, wontons, mandarin oranges, tossed in oriental sesame dressing and topped with broiled chicken breast

*Includes dinner salad, mashed potatoes and gravy, sautéed vegetables, and a corn muffin  
Coffee and Tea included.*

*Salad dressings: Thousand Island, Bleu Cheese, Bacon Ranch, Italian, Balsamic Vinaigrette,  
Gluten Free Honey Dijon Mustard*

No Host Bar (soda, beer, wine) (credit cards accepted)

Family and Friends are welcome.

Uniform: Tropical Blues Long, Auxiliary Blazer, or Appropriate Civilian Attire

Please make check payable to USCG AUXILIARY DIVISION 3

**Mail your payment by November 18, 2013 to:**

Marilyn McBain SO-FN

PO Box 1293

Citrus Heights, CA 95611-1293

Please contact Carla Rose at [rosette8704@gmail.com](mailto:rosette8704@gmail.com) if you have any questions.

Please complete this form and click the button above to email your selections to Carla Rose.

Also, click the print button to print your form to send with your payment.

Name(s) \_\_\_\_\_

Qty		@ \$25.00 = \$	Salad Dressing
___	Bacon Wrapped Stuffed Chicken	_____	_____
___	Pecan Crusted Trout	_____	_____
___	10 oz Tri Tip Platter	_____	_____
___	Pasta Primavera	_____	_____
___	Chinese Chicken Salad	_____	_____
Total Owed \$		_____	_____